 GOLF STUDY GUIDE 

**ABOUT GOLF**:

Golf is a game in which **all individuals can play** regardless of size, strength, age or gender.   Golf as we play it today on a golf course with 9 or 18 holes had its origin in **St. Andrew’s, Scotland**.  The game of golf was introduced to the **United States around 1880** by Robert Reid.

**OBJECT OF GOLF**:

The object of golf is to MOVE from the teeing area to the green and into the hole in the **fewest number of strokes**.  The **total number of strokes** taken on a hole is recorded as a score.  At the end of 9 or 18 holes, the **scores on each hole are added for a total score** for the golf course.

**GOLF HOLES**:

Each hole has a **designated par** which is the established stroke standard for the given length of the hole in yards.  The designated pars are **3 (shorter length holes)**, **4 (medium length holes)** and **5 (longer length holes).**

**PARTS OF A GOLF HOLE**

Tee Area: the **designated area for beginning** each hole.

Fairway: the **short grass between the tee area and the green**.

Rough: the **long grass** parallel to the fairway.

Green: the **putting surface** (closely mowed grass).

Hazard: **sand traps and water** on the course.

Out-of-Bounds: area that **is not part of the golf course**.

**SCORING**

Par: **standard score set** for a hole.

Birdie: **one stroke less** than par.

Eagle: **two strokes less** than par.

Bogie: **one stroke more** than par.

Double Bogie: **two strokes more** than par.

Triple Bogie: **three strokes more** than par.

**ETIQUETTE AND SAFETY**

A. **“Honors”** -player with the lowest score on the previous hole hits first on the next tee.

B. On the fairway, the player whose ball is **farthest from the green hits first.**

C. When a player is hitting, other players should **stand quietly**.  They should stand to **one side of the player hitting**, not in front.

D. The warning cry **“fore”** should be yelled if a ball is in the air and other players are in danger of being hit.

E. A player should be sure **no one is in front of or behind** them when swinging a club or hitting a ball.

F. Players should always **replace divots and repair ball marks** on the green.

**Play It As It Lies**
What that means is pretty simple - **don't move or touch the ball**!

**Water Hazards**
Water hazards take a **1-stroke penalty and drop a ball at any point behind the spot** where your original ball crossed into the water hazard.

**CLUB SELECTION**

A. **The higher the trajectory** (height and angle of ball) needed, the more lofted club should be used **(higher number clubs).**

B. The **greater the distances needed** the less lofted clubs are selected **(smaller numbered clubs).**